

Full Report (All Nutrients) 45134013, BANQUET TURKEY MEAL, UNPREPARED, GTIN: 00031000007379

Based on the GS1 Global Data Synchronization Network, [Powered by 1WorldSynch](#)

Report Date: May 26, 2017 15:55 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer ConAgra Foods Inc.

Nutrient	Unit	Data points	Std. Error	1 Meal (283g) 283g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	280	99
Protein	g	--	--	17.01	6.01
Carbohydrate, by difference	g	--	--	29.01	10.25
Sugars, total	g	--	--	3.99	1.41
Minerals					
Calcium, Ca	mg	--	--	59	21
Iron, Fe	mg	--	--	1.81	0.64
Potassium, K	mg	--	--	439	155
Sodium, Na	mg	--	--	1460	516
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	5.9	2.1
Vitamin A, IU	IU	--	--	300	106
Lipids					
Fatty acids, total saturated	g	--	--	3.00	1.06
Fatty acids, total monounsaturated	g	--	--	3.51	1.24
Fatty acids, total polyunsaturated	g	--	--	3.99	1.41
Fatty acids, total trans	g	--	--	0.00	0.00
Cholesterol	mg	--	--	45	16

Amino Acids

Other

Ingredients

GRAVY: Water, Modified Corn Starch, Seasoning (Salt, Onion Powder, Cellulose Gum, Monosodium Glutamate, Dextrose, Garlic Powder, Sugar, Turkey Flavor [Flavor, Turkey Meat, Maltodextrin, Turkey Fat], Natural Flavor [includes Soy Lecithin], Spices, Paprika, Oleoresin Turmeric, Lactic Acid), Soybean Oil, Nonfat Dry Milk, Caramel Color, Turkey Flavor (Ground Turkey, Water, Safflower Oil, Flavor, Dry Turkey Broth), Xanthan Gum, Guar Gum. MASHED POTATOES: Water, Dehydrated Potatoes, Soybean Oil, Cream, Nonfat Dry Milk, Salt, Sugar, Monosodium Glutamate, Mono and Diglycerides (from Vegetable Oil), Citric Acid, Disodium Dihydrogen Pyrophosphate (to protect color), Hydrogenated Soybean Oil, Xanthan Gum, Natural Flavor, Guar Gum, Mono- and Diglycerides, Sodium Benzoate, Soy Lecithin, BHT, Sodium Bisulfite, Medium Chain

Triglycerides, Calcium Disodium EDTA, Corn Oil, Vitamin A Palmitate, Beta Carotene (Color), Vitamin D3 (Cholecalciferol), Natural and Artificial Flavor. PEAS: Peas, Water, Sugar, Salt. DARK TURKEY: Dark Turkey Binders and Broth Added (Turkey, Mechanically Separated Turkey, Water, Soy Protein Concentrate, Contains 2% or less of Modified Food Starch, Salt, Sodium Tripolyphosphate, Chicken Broth Powder [Maltodextrin, Chicken Broth, Salt, Flavors], Flavoring). WHITE TURKEY: White Turkey Binders and Broth Added (White Turkey, Water, Soy Protein Concentrate, Contains 2% or less of Modified Food Starch, Salt, Sodium Tripolyphosphate, Chicken Broth Powder [Maltodextrin, Chicken Broth, Salt, Flavors], Flavoring). DRESSING: Bread Cubes (Enriched Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid], Whole Wheat Flour, High Fructose Corn Syrup, Salt, Vegetable Shortening [Palm Oil], Dehydrated Onions, Yeast, Grain Vinegar, Wheat Gluten, Sage, Basil, Black Pepper, Soybean Oil, Soy Lecithin). CONTAINS: MILK, SOY, WHEAT. *Date Last Updated by Company:* 09/08/2016